

Summit High School Boys  
Lacrosse

Thunderstruck Lacrosse  
Association

Program Handbook - 2021



Updated 11/30/2019

## **Contents:**

1. Introduction
2. Vision and Mission
3. Registration Process
4. Fees and Dues
  - a. Scholarships
  - b. Sponsorship
  - c. Refunds
5. Fundraising
6. Volunteers
7. Equipment
  - a. Club provided
  - b. Player provided
8. Participation Requirements
9. Responsibilities
  - a. Board
  - b. Coaching Staff
  - c. Players
  - d. Parents and Guardians
10. Evaluation, Selection, Team Assignment
11. Appearance
12. Attendance
13. Disciplinary Action
14. Questions and Concerns

## **1. Introduction**

Summit Boys Lacrosse Club ("Club") is an organization dedicated to developing and maintaining a premier lacrosse program for high school lacrosse players. Providing this program requires a number of key ingredients including principled leadership, commitment to excellence, a structured approach, and the ability to recognize and develop team oriented athletic talent.

Thunderstruck Lacrosse Association (TLA) and its Board of Directors is the non-profit entity that oversees and supports the operation of the Club.

The Club runs a Varsity program and a Junior Varsity program. The Varsity program is focused on competitive play for skilled and experienced players. The JV program is focused on bringing up the next generation of varsity players with a focus on player development. Players will be assigned to teams based on performance.

This handbook is our way of explaining in detail our Club rules and expectations of you as a member of the Summit Boys Lacrosse Club. Please take the time to read the following pages carefully. On the Club registration link you will be asked to acknowledge that you have read the handbook and are responsible for knowing and consenting to the information contained within.

## 2. Club Vision and Mission

### Vision:

To be recognized as a **premier lacrosse organization** in the Pacific Northwest, **respected** for a culture of **character, integrity, and competitiveness** while **honoring the game** of lacrosse.

### Mission:

- Dedication to developing student-athletes, balancing athletic and academic achievement.
- Determined to treat everyone with dignity and respect, both on and off the field.
- Desire to achieve greatness through sportsmanship, work ethic, teamwork and competitive spirit.
- Discipline in teaching and practicing fundamental lacrosse skills, Focus on the process NOT the outcome.
- Developing quality leadership built on mentoring and positive reinforcement.

## 3. Registration Process

- a. Read Summit Boys Lacrosse Club Handbook
- b. Register your player on the Club website – [www.summitstormlacrosse.com](http://www.summitstormlacrosse.com). Players and parents are required at the time of registration to acknowledge they have read and accepted the conditions and expectations contained in the Club Handbook.
- c. NEW FOR 2020 SEASON – All players and coaches will be required to have a US Lacrosse Membership, updated, current and on file with the club.

### Registration Period

- a. The registration period for the 2020 season will be Monday January 21, 2020 to Monday February 18, 2020. Late registrations will be accepted at the discretion of the club, and are subject to a \$50 late enrollment fee.
- b. Registration fee for the 2020 season is \$375/player for the season. Second and subsequent siblings in the program at the same time are ½ price to assist families with multiple players in the program.

## 4. Fees and Dues

Summit Lacrosse Club is a “club” sport that is not supported financially or administratively by the Bend La Pine School District. All costs associated with running the program, including field fees, referees, transportation and association dues, etc. are paid directly by the program. The annual operating budget for the boy’s program is approximately \$35,000 for the season, which equates to approximately \$700 per athlete. These are the minimum costs to run the program so every registration fee and fundraising dollar is critical.

All fees are to be paid in full prior to the first practice of the season. Participation in team events including games, practices, and issuing of club equipment will be withheld until payment is received in full.

### **a. Scholarships**

The Club may provide scholarships to players facing financial hardship. Scholarships will be allocated based on need, dependent upon information collected through the scholarship application process. Please contact Summit Boys Program Director Jeff Melville 541-390-5732, [jmelville@highdesertinsurance.com](mailto:jmelville@highdesertinsurance.com) if you need a scholarship form. Scholarship requests must be received by Monday, 2/10/2020.

**b. Corporate Sponsorship** – Corporate sponsorships are available, if interested please contact Will Ross TLA Board President at - [william@wmross.com](mailto:william@wmross.com), 503-804-5004

### **c. Refunds**

Summit Lacrosse Club dues are non-refundable after the first official game of the season. There are no exceptions to this policy. Any refund requests prior to this cutoff date will be subject to a \$50 service charge.

## **5. Fundraising**

Fundraising is critical to the program and each athlete and family is expected to participate. Players will be required to participate in mandatory fundraisers.

## **6. Volunteers**

The Club runs almost entirely on volunteers, Parents and players need to be ready, willing, and able to provide support as needed. If you are available, please reach out to a board member or one of our coaches.

## **7. Equipment**

The Club will issue each player home and away uniforms, and a practice reversible. If this gear is lost or damaged outside of normal wear and tear, a replacement fee will be assessed. All Club equipment will be returned to the club at the conclusion of the season.

Players will provide their own lacrosse gear. Required gear includes:

- NOCSAE approved lacrosse helmet. Varsity players must have the current team helmet.
- Shoulder pads with shoulder cups, and a protective upper chest pad.
- Arm guards
- Gloves
- Molded mouth guard
- Athletic cup
- Lacrosse stick (backup stick is recommended)
- Molded cleats – no metal spikes

If new to lacrosse and purchasing gear for the first time please contact the Club for assistance on gear selection.

## **8. Participation Requirements**

Each athlete must complete the online registration, acknowledge acceptance of club policies and procedures from Club Handbook, TLA Waiver, and pay a Club registration fee (dues). This fee covers participation only – no insurance included.

Students who participate in extracurricular sports must complete a physical exam in grades 9 and 11, or if this is their first time participating with a Bend-La Pine Schools team. All physicals need to be completed prior to the sports season, and the exam date must be June 1, 2019 or later for the 2019-20 school year. Please be sure to print out the OSAA School Sports Pre-Participation Examination form:

[English](#) or [Spanish](#)

**VERY IMPORTANT: This is the only physical form we will accept. No other versions of this form will clear your athlete.**

Take it to your child's sports physical appointment. When you have completed the sports physical, please turn it in to the Club General Manager Jeff Melville.

If your son has already participated in athletics at Summit HS, you will acknowledge that during registration, and the Club staff will verify with the school.

Once passing a physical exam, no other physical exam is required for his/her participation unless the athlete sustains an accident, injury or serious illness. The athlete must then be cleared by their medical provider prior to participating again in any athletic activity.

Medical Insurance is required of all students participating in this school club activity. It is to be understood that the Thunderstruck Lacrosse Association and the Summit Lacrosse Club, its members, its sponsors, playing sites, event organizers, coaches, officials, land lords and volunteers are not liable for any medical, dental, or hospital bills occurring as a result of athletic injuries incurred by a student while participating in a supervised sport. And that such bills, in excess of insurance benefits, shall be the responsibility of the student's parents or guardians.

All Club members must agree to abide by the School District Board Policies, Administrative Rules, Code of Conduct, building rules and team participation/training regulations. All students who participate in athletics and extracurricular activities are expected to be positive role models for other students and members of the community at all times. This signed contract shall be in effect at all times during the contract period. "At all times" means 24 hours a day, every day of the week whether at school or away from school. The contract will be in effect from the beginning of the OSAA calendar (see [OSAA website](#) for each year's start date) and conclude with the last day of high school.

The Club is a member of Oregon High School Lacrosse Association (OHSLA) and Summit High School is a member of the Oregon School Activities Association (OSAA) and abides by all of its rules and policies.

- The OSAA requires you to be **enrolled in and passing no fewer than 5 classes. This includes the current semester and the semester prior to season.**
- The OSAA requires you to be on track to graduate.
- **Bend La Pine Schools requires a 2.0 G.P.A.** There is an appeal process for those who may fall below this requirement.
- Bend La Pine Schools requires you to be in class for the entire day of a contest or you will not be allowed to participate. Athletes are expected to be in school on time (8:45 AM) the day following an athletic event.
- Bend La Pine Schools requires you to be in class all day in order to attend practice.
- Violations of school rules and/or behavior issues may result in the temporary or permanent suspension from the athletic team.

Certain Club activities or events may involve overnight stays. During these occasions, supervision will be provided by coaches and/or parent chaperones. Club members will be expected to follow all rules for safe

and appropriate conduct. Failure to follow those rules may result in your athlete being sent home at the parents' expense.

If the Club is providing transportation via charter bus, all players must travel with the team both to and from the contest, unless pre-arranged in writing (including text or email). Verbal requests to ride home with family or a friend will be denied.

## **9. Responsibilities**

The Board of Directors is responsible for developing the program structure and overseeing the general management of the program.

- A. Coaching Staff is responsible for team management, player selection, and scheduling official events.
- B. Players are responsible to perform their roles on the team, abide by Club policy, and for their conduct and attendance.
- C. Parents are expected to be supportive, encourage their players to take personal responsibility for their performance and team bonding, participate in volunteering and fundraising to support the team, and exhibit good sportsmanship during contests.

## **10. Evaluation, Selection, Team Assignment**

The coaching staff is responsible for evaluation, selection, and team assignment. Player performance will be evaluated by observing the player under the pressures of pre-season tryouts, practices, scrimmages, and games. Only the coaches will confer in matters of player evaluation and selection. For the purpose of this document the term "tryout" means that period of time during which the coaches evaluate and assess a player in those areas the coaching staff deems important to the club's and teams' success.

Present and new team members will be evaluated in areas including overall contribution to the team objectives (cohesion, spirit, organization), character dimensions (discipline, leadership, work ethic), physical dimensions (endurance, strength, and speed), technical competence (skills), and tactical awareness (situational, plays).

Coaches are responsible to make decisions for the good of the club and team. Politics, friendships, personal relationships, and financial contribution to the club or team will not enter into these decisions. In return for your commitment to the club, the club will honor its commitment to you. No player will be cut from the team during a lacrosse season unless it is for disciplinary reasons, or failure to fulfill participation or financial obligations.

We are in a fortunate position to have more players that want to play on our varsity team than we can effectively get on the field in any given contest. At the basic level we demand academic eligibility, consistent practice attendance, and a focused and intense work ethic for individual and team improvement. This however does not ensure playing time. While our objective is to give as many players as possible the experience of playing in varsity games, there is no guarantee that a player may ever step foot on the field during a varsity game. We want to be clear at the start that our intention is to put the best team possible on the field each and every game. We support all of our players, but not everyone will play.

Varsity letters will be awarded at the discretion of the Varsity coaching staff. Club players that average  $\frac{1}{4}$  of playing time/game throughout the season, and others that have good attendance, work ethic and commitment to the team will be awarded Varsity letters at the end of the season.

The JV team is a developmental squad. While supporting a winning culture is important, we will do our best to find appropriate playing opportunities for all of our players over the course of the season. At

present we also do not cut any players, which may mean that we have more players than is typical to provide adequate game time for everyone. Anyone who works hard to improve their skills, develop their field IQ, is positive, and coachable will have playing opportunities. At the same time there may be games where it is not possible to get all players on the field.

## 11. Appearance

Each player will be required to wear school colors (Green, Gray/Silver, or Black) at ALL team events, including practice, games, team travel and away contests. All players and coaches will wear khaki pants for team travel to away games. Players not in proper attire will be asked to change or leave the session.

## 12. Attendance

Team events during the regular season are considered to be mandatory unless specifically indicated otherwise in advance by the coaching staff.

An excused absence is one that has been cleared by the coach before it occurs, cannot be avoided or rescheduled, and relates to an accepted priority.

Absences not cleared in advance with the coach may only become excused by a conversation between the coach and the parent or teacher that required the absence of the player.

- An unexcused absence may result in disciplinary action including but not limited to a reduction in playing time.
- Multiple unexcused absences may result in team demotion, or removal from the program.

## 13. Disciplinary Action

Our desire is to work in a positive, constructive manner with our players, in accordance with our Club vision and mission. In the event of behavior that is in violation with participation requirements, player responsibilities, etc., the coaching staff will address the problem directly with the player. The assumption is that the player will correct the inappropriate behavior immediately. In the event that the inappropriate behavior persists, coaching staff will use sanctions including restricting play time, team demotion, and possible suspension or removal from the program.

The parents of any player recommended for removal from the club may request to meet with the Board of Directors.

## 13. Questions and Concerns

Players participating in Summit Boys Lacrosse Club are considered to be young adults and will be expected to behave in a responsible and proactive manner when interacting with coaching staff. The primary channel of communication for players who have questions or concerns is to raise these questions directly with the coaching staff. In the event that the player's direct coach is unable to resolve the question, the player is encouraged to raise the question with the head coach.

Parents or guardians who have questions or concerns are to direct their communication to the Board, whose contact information is on the Club website. Depending on the nature of the question or concern, the board may either seek a resolution by arranging a meeting between the player and coaching staff or responding to the query directly. In respect for the coach/player relationship and team cohesion, parents are expected to refrain from contacting the coaching staff directly with their concerns. Coaches are not required to respond to parent inquiries.